

Health, Physical Education, and Recreation Department

Student Learning Outcomes

The learning outcomes come from the Arkansas Department of Education Competencies for Teachers of Physical Education/Health and the National Recreation and Park Association Certified Park and Recreation Professional Examination Candidate Handbook Professional (CPRP) Competencies.

- 1. Learning Outcome 1: Content Knowledge: The ability to describe and apply health, physical education and recreation concepts in promoting lifelong learning. (ADE Competencies 1, 2, 7; CPRP Competencies Communications, Finances, Human Resources, Operations)**
 - a. History of Physical Education – (Introduction) Assessment: Exam
 - b. Motor Learning – (Introduction) Assessment: Exam
 - c. Team Sports – (Re-enforced) Assessment: Peer Teaching, Lesson Plan
 - d. Individual Sports – (Re-enforced) Assessment: Peer Teaching, Lesson Plan
 - e. Coaching Theory – (Re-enforced) Assessment: Exam
 - f. Elementary Physical Education Methods – (Re-enforced) Assessment: Lesson Plan, Peer Teaching
 - g. Secondary Physical Education Methods – (Re-enforced) Assessment: Lesson Plan, Peer Teaching
 - h. Adaptive Physical Education – (Re-enforced) Assessment: Lesson Plan, Peer Teaching, Special Olympics Program/Event
 - i. Student Teaching – (Mastery) Assessment: Portfolio, PRAXIS II Content Exam
 - j. Recreation Fieldwork – (Mastery) Assessment: Portfolio Presentation, Senior Comprehensive Exam

- 2. Learning Outcome 2: Assessing: The ability to describe, design, and apply health, physical education and recreation assessments for the development of professionals and future experiences. (ADE Competencies 3, 4, 5; CPRP Competencies Programming, Communications, Finances, Human Resources, Operations)**
 - a. History of Physical Education – (Introduction) Assessment: Exam
 - b. Exercise Assessment – (Re-enforced) Assessment: Paper
 - c. Physical Fitness/Aerobics for Majors – (Re-enforced) Assessment: Skills Test
 - d. First Aid/CPR – (Re-enforced) Assessment: Certification Exam, Skills Tests
 - e. Program Planning – (Re-enforced) Assessment: Project
 - f. Student Teaching – (Mastery) Assessment: Portfolio, PRAXIS II Content Exam
 - g. Recreation Fieldwork – (Mastery) Assessment: Portfolio Presentation, Senior Comprehensive Exam

- 3. Learning Outcome 3: Planning: The ability to design and implement plans which are linked to program goals and objectives, manage resources, and use of technological resources**

effectively. (ADE Competencies 3, 4; CPRP Competencies Programming, Communications, Finances, Human Resources, Operations)

- a. History of Physical Education – (Introduction) Assessment: Exam
- b. Therapeutic Recreation – (Re-enforced) Assessment: Project
- c. Program Planning – (Re-enforced) Assessment: Project
- d. Elementary Physical Education Methods – (Re-enforced) Assessment: Lesson Plan, Peer Teaching
- e. Secondary Physical Education Methods – (Re-enforced) Assessment: Lesson Plan, Peer Teaching
- f. Adaptive Physical Education – (Re-enforced) Assessment: Lesson Plan, Peer Teaching, Special Olympics Program/Event
- g. Student Teaching – (Mastery) Assessment: Portfolio, PRAXIS II Content Exam
- h. Recreation Fieldwork – (Mastery) Assessment: Portfolio Presentation, Senior Comprehensive Exam

4. Learning Outcome: Professionalism/Communication Skills (Oral, Written): The ability to demonstrate appropriate and acceptable behaviors, work collaboratively, communicate effectively, and provide lifelong learning experiences. (ADE Competencies 4, 6; CPRP Competencies Communications, Finances, Human Resources, Operations)

- a. History of Physical Education – (Introduction) Assessment: Exam
- b. Organization and Administration of HPER – (Re-enforced) Assessment: Project
- c. Leadership Training – (Re-enforced) Assessment: Paper
- d. Design Management – (Re-enforced) Assessment: Project
- e. Elementary Physical Education Methods – (Re-enforced) Assessment: Lesson Plan, Peer Teaching
- f. Secondary Physical Education Methods – (Re-enforced) Assessment: Lesson Plan, Peer Teaching
- g. Adaptive Physical Education – (Re-enforced) Assessment: Lesson Plan, Peer Teaching, Special Olympics Program/Event
- h. Student Teaching – (Mastery) Assessment: Portfolio, PRAXIS II Content Exam
- i. Recreation Fieldwork – (Mastery) Assessment: Portfolio Presentation, Senior Comprehensive Exam